

2015 Gauteng North Masters Champs - 4/4/2015 - Pilditch Stadium - Pretoria

***** Results Women *****

5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Patterson, Lisa	W30 CGA	30:21.31	65.17%
2 Willemse, Rhoda	W30 Gnm	31:34.19	62.67%
1 Viljoen, Ronel	W35 Gnm	28:12.97	70.78%
1 Serdyn, Mariaan	W40 Gnm	29:03.30	70.74%
1 Van Buuren, Lesley	W50 CGA	27:18.86	81.69%
2 Steenkamp, Sandra	W50 Gnm	27:50.18	80.16%
3 Kichenbrand, Frances	W50 Gnm	29:49.95	74.80%
4 Phillips, Lauren	W50 CGA	31:35.58	70.63%
5 Hanekom, Unita	W50 Gnm	32:19.80	69.02%
6 Nortmann, Tinkie	W50 Gnm	33:35.15	66.44%
1 Scheepers, Celeste	W55 Gnm	31:01.95	75.44%
2 Knoetze, Retha	W55 Gnm	31:13.78	74.96%
3 Coats, Avril	W55 CGA	31:40.69	73.90%
1 Koekemoer, Winnie	W60 Gnm	30:28.73	81.08%
2 Willemse, Lucia	W60 Gnm	31:47.75	77.73%
3 Pellew, Sheila	W60 KZN	33:55.33	72.85%
1 Meyer, Elsa	W65 Gnm	29:52.13	87.98%
1 Greyvenstein, Annatjie	W70 Gnm	31:42.42	88.88%
2 Jansen van Vuuren, Yvonne	W70 Gnm	44:52.64	62.80%
1 Strydom, Wilma	W75 CGA	41:49.61	72.97%

5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Venter, Laura	W45 CGA	24:34.17	63.96%
1 Breytenbach, Ansie	W50 Gnm	20:52.74	80.05%
2 Botha, Ronelle	W50 CGA	25:05.88	66.59%
1 Geyer, Mariet	W55 CGA	22:01.03	81.09%
2 Mouton, Christa	W55 Gnm	27:55.43	63.94%

3000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Serdyn, Mariaan	W40 Gnm	17:25.93	69.04%
1 Maloney, Anneline	W45 Gnm	21:31.01	58.20%
1 Hanekom, Unita	W50 Gnm	20:32.86	63.52%
1 Scheepers, Celeste	W55 Gnm	18:27.78	73.97%
1 Koekemoer, Winnie	W60 Gnm	18:06.13	79.40%
1 Meyer, Elsa	W65 Gnm	17:59.03	84.70%
1 Greyvenstein, Annatjie	W70 Gnm	18:48.41	86.53%

3000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Maritz, Liza	W35 Gnm	11:46.76	71.95%
1 Hillhouse, Karin	W40 Gnm	12:43.10	68.78%
1 Senda, Argentina	W45 CGA	13:42.70	67.19%
1 Breytenbach, Ansie	W50 Gnm	12:31.95	78.20%
2 Reis, Monica	W50 CGA	13:45.30	71.25%
1 Geyer, Mariet	W55 CGA	12:47.79	81.80%
2 Mouton, Christa	W55 Gnm	17:08.30	61.07%

2000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 Venter, Laura	W45 CGA	10:52.82	64.73%

1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 Maritz, Liza	W35 Gnm	5:10.90	76.13%
1 Van Rooyen, Natalie	W40 Vaal Triangle	5:18.56	77.15%
2 Hillhouse, Karin	W40 Gnm	5:20.91	76.59%
1 Vermeulen, Salome	W45 Gnm	5:02.71	85.93%
1 Breytenbach, Ansie	W50 Gnm	5:46.37	79.87%
2 Viljoen, Jolande	W50 Gnm	5:46.81	79.77%
3 Loots, Rita	W50 CGA	6:03.43	76.12%
4 Theunissen, Emmari	W50 Gnm	6:24.72	71.91%
1 Mouton, Christa	W55 Gnm	7:53.63	62.38%

800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Van Rooyen, Natalie	W40 Vaal Triangle	2:28.16	78.64%
2 Heyns, Alicia	W40 Gnm	2:40.48	72.61%
1 Vermeulen, Salome	W45 Gnm	2:19.89	87.05%
1 Viljoen, Jolande	W50 Gnm	2:45.13	76.92%
2 Breytenbach, Ansie	W50 Gnm	2:58.00	71.36%
3 Reis, Monica	W50 CGA	3:12.41	66.02%
4 Ngobese, Victoria	W50 CGA	3:26.10	61.63%
5 Le Roux, Teresa	W50 Gnm	4:05.78	51.68%
1 Mouton, Christa	W55 Gnm	3:57.38	57.11%
2 Claassen, Zelda	W55 CGA	5:11.29	43.55%
1 Visser, MC	W65 CGA	3:37.99	73.94%

400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Botha, Mariette	W30 CGA	1:03.70	74.73%
1 Mare, Leoni	W35 Gnm	1:02.55	79.44%
2 Anderson, Elane	W35 Gnm	1:05.34	76.05%
1 Booysen, Jennifer	W40 Gnm	1:00.17	87.27%
2 Olivier, Christa	W40 North West North	1:06.93	78.46%
3 Young, Elme	W40 Gnm	1:07.22	78.12%
4 Heyns, Alicia	W40 Gnm	1:10.09	74.92%
1 Viljoen, Jolande	W50 Gnm	1:13.05	79.62%
2 Ngobese, Victoria	W50 CGA	1:26.45	67.28%
1 Venter, Hester	W70 Gnm	1:13.94	97.38%

400 Long Hurdles

Name	Age Team	Finals	Age-Grading
1 Anderson, Elane	W35 Gnm	1:12.01	72.68%
1 Olivier, Christa	W40 North West North	1:10.62	79.82%
1 Du Toit, Charmaine	W45 KZN	1:10.04	86.61%

200 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Van Aswegen, Yolande	W30 North West North	26.25	81.30%
2 Botha, Mariette	W30 CGA	27.39	77.91%
3 Louw, Natascha	W30 Gnm	29.31	72.81%
1 Van Niekerk, Wyda	W35 Gnm	30.93	68.99%
1 Schoeman, Adri	W40 Gnm	24.69	91.62%
2 Olivier, Christa	W40 North West North	27.45	82.40%
3 Joubert, Charnine	W40 Gnm	27.95	80.93%
4 Young, Elme	W40 Gnm	29.05	77.87%
5 Maritz, Yolande	W40 Gnm	29.15	77.60%
1 De Winnaar, Winnie	W45 CGA	27.39	87.77%
2 Raubenheimer, Elaine	W45 CGA	30.82	78.00%
3 Smit, Ina	W45 Vaal Triangle	34.22	70.25%
1 Pretorius, Elaine	W50 Gnm	32.73	77.79%

2	Human, Corinne	W50 Gnm	34.11	74.64%
3	Ngobese, Victoria	W50 CGA	36.60	69.56%
4	Reis, Monica	W50 CGA	36.70	69.37%
5	Le Roux, Teresa	W50 Gnm	47.28	53.85%
1	Venter, Hester	W70 Gnm	44.60	69.82%
1	Du Plooy, Christie	W80 CGA	48.62	74.04%

100 Meter Dash

	Name	Age Team	Finals	Age-Grading
1	Van Aswegen, Yolande	W30 North West North	12.62	83.12%
2	Botha, Mariette	W30 CGA	13.50	77.70%
3	Louw, Natascha	W30 Gnm	13.66	76.79%
4	Labuschagne, Amanda	W30 Free State	14.59	71.90%
1	Mare, Leoni	W35 Gnm	13.60	77.13%
2	Anderson, Elane	W35 Gnm	14.00	74.93%
3	Van Niekerk, Wyda	W35 Gnm	14.76	71.07%
1	Schoeman, Adri	W40 Gnm	11.93	92.12%
2	Joubert, Charnine	W40 Gnm	13.26	82.88%
3	Maritz, Yolande	W40 Gnm	13.71	80.16%
4	Young, Elme	W40 Gnm	13.86	79.29%
5	Hanekom, Tania	W40 Gnm	14.64	75.07%
6	Blaauw, Anja	W40 Gnm	15.02	73.17%
1	De Winnaar, Winnie	W45 CGA	13.30	87.44%
2	Smit, Ina	W45 Vaal Triangle	16.31	71.31%
3	Bridgland, Esmarie	W45 Gnm	18.58	62.59%
1	Pretorius, Elaine	W50 Gnm	16.03	76.54%
2	Human, Corinne	W50 Gnm	16.12	76.12%
3	Ngobese, Victoria	W50 CGA	17.56	69.87%
4	Gouws, Makkie	W50 Gnm	18.35	66.87%
1	Du Plessis, Agatha-Lee	W55 Gnm	19.52	66.14%
1	Claassen, Stephanie	W60 Gnm	17.66	76.73%
1	Venter, Hester	W70 Gnm	20.31	72.97%
1	Du Plooy, Christie	W80 CGA	21.13	79.51%

100 Short Hurdles

	Name	Age Team	Finals	Age-Grading
1	Louw, Natascha	W30 Gnm	18.57	65.75%
1	Du Toit, Charmaine	W45 KZN	14.13	83.23%
2	Raubenheimer, Elaine	W45 CGA	15.08	77.98%

80 Short Hurdles

	Name	Age Team	Finals	Age-Grading
1	Human, Corinne	W50 Gnm	17.97	64.61%

High Jump

	Name	Age Team	Finals	Age-Grading
1	Botha, Mariette	W30 CGA	1.60m	76.56%
2	Labuschagne, Amanda	W30 Free State	1.47m	70.33%
1	Ebersohn, Cornelia	W40 Gnm	1.50m	78.95%
2	Petersen, Jenene	W40 Gnm	1.45m	76.32%
1	Heymans, Dinah	W45 Free State	1.47m	82.12%
2	Raubenheimer, Elaine	W45 CGA	1.35m	75.42%
3	Slater, Yolande	W45 Gnm	1.15m	64.25%
1	Viljoen, Jolande	W50 Gnm	1.35m	80.36%
2	Jacobsohn, Gerda	W50 Gnm	1.25m	74.40%
1	Du Plessis, Agatha-Lee	W55 Gnm	1.13m	71.97%

Long Jump

Name	Age Team	Finals	Age-Grading
1 Smit, Ascha-Alicia	W35 Gnm	5.02m	69.34%
2 Anderson, Elane	W35 Gnm	4.49m	62.02%
3 Stewart, Karin	W35 CGA	4.40m	60.77%
1 Hanekom, Tania	W40 Gnm	4.23m	62.02%
2 Du Toit, Dorita	W40 Vaal Triangle	4.22m	61.88%
1 Barnard, Charmain	W45 Gnm	5.47m	85.47%
2 Bridgland, Esmarie	W45 Gnm	2.97m	46.41%
1 Pretorius, Elaine	W50 Gnm	3.92m	65.44%
2 Human, Corinne	W50 Gnm	3.43m	57.26%
3 Gouws, Makkie	W50 Gnm	3.22m	53.76%
4 Le Roux, Teresa	W50 Gnm	1.56m	26.04%
1 Du Plessis, Agatha-Lee	W55 Gnm	2.93m	52.60%
2 Mouton, Christa	W55 Gnm	2.55m	45.78%

Triple Jump

Name	Age Team	Finals	Age-Grading
1 Smit, Ascha-Alicia	W35 Gnm	10.37m	71.72%
2 Anderson, Elane	W35 Gnm	9.65m	66.74%
1 Du Toit, Dorita	W40 Vaal Triangle	8.96m	65.69%
1 Barnard, Charmain	W45 Gnm	11.28m	88.06%

Pole Vault

Name	Age Team	Finals	Age-Grading
1 Du Toit, Dorita	W40 Vaal Triangle	2.60m	59.91%

Discus Throw

Name	Age Team	Finals	Age-Grading
1 Landzaad, Elle	W40 Gnm	24.89m	35.88%
2 Botha, Cornelia	W40 North West North	19.52m	28.14%
1 Eva, Janita	W45 Gnm	35.42m	55.27%
2 Slater, Yolande	W45 Gnm	22.45m	35.03%
3 Flynn, Judy	W45 Gnm	21.11m	32.94%
4 Maloney, Anneline	W45 Gnm	19.79m	30.88%
5 Bridgland, Esmarie	W45 Gnm	19.00m	29.65%
6 Truter, Mary-Ann	W45 Gnm	13.95m	21.77%
1 Hennop, Ansie	W50 Gnm	28.47m	48.41%
2 Jacobsohn, Gerda	W50 Gnm	23.52m	39.99%
3 Coetzee, Louise	W50 Gnm	20.59m	35.01%
4 Gouws, Makkie	W50 Gnm	17.69m	30.08%
1 Cloete, Joey	W55 Gnm	18.80m	35.12%
1 Ferreira, Mercia	W65 CGA	22.55m	52.48%
2 Van Eck, Suzi	W65 Gnm	19.60m	45.61%
1 Rzepecka, Yana	W70 KZN	19.15m	50.81%
2 Venter, Hester	W70 Gnm	13.70m	36.35%
1 Janeke, Hannetjie	W75 Vaal Triangle	12.37m	38.17%

Shot Put

Name	Age Team	Finals	Age-Grading
1 Petersen, Jenene	W40 Gnm	8.21m	42.52%
1 Barnard, Charmain	W45 Gnm	9.80m	57.04%
2 Eva, Janita	W45 Gnm	8.82m	51.34%
3 Flynn, Judy	W45 Gnm	7.90m	45.98%
4 Maloney, Anneline	W45 Gnm	7.30m	42.49%
5 Slater, Yolande	W45 Gnm	7.25m	42.20%
1 Hennop, Ansie	W50 Gnm	9.57m	58.68%
2 Human, Corinne	W50 Gnm	8.90m	54.57%
3 Pretorius, Engelina	W50 Gnm	8.39m	51.44%

4	Gouws, Makkie	W50 Gnm	7.16m	43.90%
5	Coetzee, Louise	W50 Gnm	6.92m	42.43%
6	Patterton, Louise	W50 Gnm	6.87m	42.12%
7	Le Roux, Teresa	W50 Gnm	4.62m	28.33%
1	Cloete, Joey	W55 Gnm	7.72m	51.81%
2	Claassen, Zelda	W55 CGA	7.35m	49.33%
1	Ferreira, Mercia	W65 CGA	8.73m	72.33%
2	Van Eck, Suzi	W65 Gnm	7.22m	59.82%
1	Rzepecka, Yana	W70 KZN	6.52m	61.16%
2	Jansen van Vuuren, Yvonne	W70 Gnm	5.99m	56.19%
3	Venter, Hester	W70 Gnm	5.78m	54.22%
1	Janeke, Hannetjie	W75 Vaal Triangle	4.93m	53.30%

Weight Throw

	Name	Age Team	Finals	Age-Grading
1	Eva, Janita	W45 Gnm	11.96m	78.84%
1	Hennop, Ansie	W50 Gnm	11.07m	58.23%
2	Coetzee, Louise	W50 Gnm	7.17m	37.72%
1	Van Eck, Suzi	W65 Gnm	11.17m	67.70%
2	Ferreira, Mercia	W65 CGA	10.13m	61.39%
1	Janeke, Hannetjie	W75 Vaal Triangle	7.81m	62.78%

Javelin Throw

	Name	Age Team	Finals	Age-Grading
1	Blaauw, Anja	W40 Gnm	27.40m	41.09%
1	Flynn, Judy	W45 Gnm	23.25m	39.60%
2	Slater, Yolande	W45 Gnm	17.69m	30.13%
3	Truter, Mary-Ann	W45 Gnm	11.78m	20.06%
1	Coetzee, Louise	W50 Gnm	25.62m	47.89%
2	Jacobsohn, Gerda	W50 Gnm	24.34m	45.50%
3	Hennop, Ansie	W50 Gnm	23.30m	43.55%
4	Pretorius, Engelina	W50 Gnm	21.36m	39.93%
5	Gouws, Makkie	W50 Gnm	18.55m	34.67%
1	Du Plessis, Agatha-Lee	W55 Gnm	15.49m	32.78%
1	Van Eck, Suzi	W65 Gnm	15.64m	41.91%
1	Venter, Hester	W70 Gnm	12.34m	37.58%

Hammer Throw

	Name	Age Team	Finals	Age-Grading
1	Raaths, Rae-Marie	W40 North West North	18.92m	31.96%
1	Eva, Janita	W45 Gnm	38.12m	75.08%
2	Bridgland, Esmarie	W45 Gnm	17.86m	35.18%
1	Hennop, Ansie	W50 Gnm	32.00m	51.97%
2	Coetzee, Louise	W50 Gnm	16.21m	26.33%
1	Van Eck, Suzi	W65 Gnm	20.28m	45.15%
1	Janeke, Hannetjie	W75 Vaal Triangle	15.91m	47.04%

Greek Discus

	Name	Age Team	Finals	Age-Grading
1	Slater, Yolande	W45 Gnm	9.26m	
1	Hennop, Ansie	W50 Gnm	14.18m	
2	Coetzee, Louise	W50 Gnm	11.98m	
3	Pretorius, Engelina	W50 Gnm	10.20m	
1	Van Eck, Suzi	W65 Gnm	12.27m	
1	Rzepecka, Yana	W70 KZN	11.44m	
1	Janeke, Hannetjie	W75 Vaal Triangle	8.24m	