

**FREE STATE MASTERS  
SUMMARY OF AGE GRADING**

Name	Team	GA	Date	Performance	Age Grading
<b>MEN</b>					
<b>100 METERS</b>					
CROSS, RON	WP	M80	08-Nov-14	15.49	91.68%
KALP, FRANS	SWD	M55	08-Nov-14	12.69	89.36%
MARTIN, EDWARD	FS	M52	08-Nov-14	12.61	88.19%
TRUTER, ANDRE	GN	M41	08-Nov-14	11.80	87.52%
MNGOMEZULU, GEORGE	NWN	M46	08-Nov-14	12.27	87.11%
GOUWS, JOHAN	GN	M56	08-Nov-14	13.22	86.31%
DOWNWARD, TREVOR	KZN	M59	08-Nov-14	13.51	86.06%
VAN BREDA, PEET	GN	M54	08-Nov-14	13.12	85.87%
OELOFSE, WALTER	KZN	M58	08-Nov-14	13.52	85.46%
INGRAM, RICHARD	KZN	M33	08-Nov-14	11.61	84.32%
SEKOBOTO, KHATIANE	FS	M74	08-Nov-14	15.47	84.27%
JORDAAN, RUDI	CGA	M31	08-Nov-14	11.64	84.11%
XAVIER, ROBERT	BOR	M61	08-Nov-14	14.01	84.02%
BLAAUW, DAVID	GN	M42	08-Nov-14	12.76	81.49%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	13.96	81.23%
OOSTHUYSEN, JACQUES	GN	M40	08-Nov-14	12.69	80.82%
STEYN, CHRISTO	CGA	M37	08-Nov-14	12.69	79.09%
HERION, CECIL	KZN	M70	08-Nov-14	16.18	76.78%
MATHE, MICHAEL	FS	M63	08-Nov-14	15.60	76.37%
PEENS, SHAUN	FS	M31	08-Nov-14	12.97	75.48%
LE ROUX, LH	FS	M53	08-Nov-14	14.83	75.47%
SESING, TEBOHO	FS	M44	08-Nov-14	14.05	75.05%
MOLOSI, PULE	FS	M43	08-Nov-14	14.25	73.48%
MOLADA, MASEKO	FS	M68	08-Nov-14	16.81	73.03%
MEHLOMAKHULU, MTHIMK	FS	M72	08-Nov-14	17.82	71.39%
THABANE, SELLO	FS	M67	08-Nov-14	17.86	68.32%
DE KOCK, BOBBY	FS	M70	08-Nov-14	19.27	64.46%
<b>10000 METERS</b>					
LONDON, SYNEY	FS	M51	08-Nov-14	39:07.19	77.59%
MOLOSI, PULE	FS	M43	08-Nov-14	36:52.08	77.30%
HLALELE, JOSEPH	FS	M48	08-Nov-14	41:49.69	70.83%
MODISE, NORMAN	FS	M41	08-Nov-14	40:59.25	68.49%
KINGHORN, BASIL	FS	M60	08-Nov-14	49:04.46	66.72%

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<b>Name</b>	<b>Team</b>	<b>GA</b>	<b>Date</b>	<b>Performance</b>	<b>Age Grading</b>
<b>MEN</b>					
<b>100M HURDLES</b>					
GOUWS, JOHAN	GN	M56	08-Nov-14	15.92	90.40%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	21.02	67.60%
VAN DAALEN, DIRK	WP	M51	08-Nov-14	20.70	64.88%
SCHOEMAN, AT	EP	M58	08-Nov-14	28.16	52.46%
<b>1500 METERS</b>					
CLEMENTS, FRED	GN	M71	08-Nov-14	05:54.65	81.57%
WILLIAMS, BARRY	FS	M45	08-Nov-14	04:56.70	77.60%
ODENDAAL, WILLEM	NWN	M39	08-Nov-14	04:43.55	76.60%
MEKHOA, RAMPI	NWN	M42	08-Nov-14	05:02.99	73.81%
NKOANE, KANTOOR	FS	M52	08-Nov-14	05:39.03	72.33%
NICOLAISEN, ANTON	FS	M46	08-Nov-14	05:21.27	72.31%
MODISE, NORMAN	FS	M41	08-Nov-14	05:07.75	71.98%
BRITZ, FCPG	GN	M40	08-Nov-14	05:12.67	70.19%
BAUW, BEN	FS	M53	08-Nov-14	05:54.87	69.71%
DE KOCK, BOBBY	FS	M70	08-Nov-14	07:02.40	67.45%

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Name	Team	GA	Date	Performance	Age Grading
<b>MEN</b>					
<b>200 METERS</b>					
CROSS, RON	WP	M80	08-Nov-14	33.13	91.76%
KALP, FRANS	SWD	M55	08-Nov-14	25.42	91.30%
MARTIN, EDWARD	FS	M52	08-Nov-14	25.71	88.40%
TRUTER, ANDRE	GN	M41	08-Nov-14	24.13	86.97%
MSIPA, EDWIN	CGA	M39	08-Nov-14	23.85	86.67%
OELOFSE, WALTER	KZN	M58	08-Nov-14	27.38	86.47%
DOWNWARD, TREVOR	KZN	M59	08-Nov-14	27.64	86.24%
MNGOMEZULU, GEORGE	NWN	M46	08-Nov-14	25.29	86.11%
SEKOBOTO, KHATIANE	FS	M74	08-Nov-14	32.66	84.05%
VAN BREDA, PEET	GN	M54	08-Nov-14	27.50	83.80%
INGRAM, RICHARD	KZN	M33	08-Nov-14	23.53	83.78%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	28.13	82.50%
JORDAAN, RUDI	CGA	M31	08-Nov-14	23.71	81.82%
BOOYSEN, HENDRIK	CGA	M58	08-Nov-14	28.95	81.78%
BESTER, GERHARD	FS	M59	08-Nov-14	29.20	81.63%
OOSTHUYSEN, JACQUES	GN	M40	08-Nov-14	26.20	79.51%
BLAAUW, DAVID	GN	M42	08-Nov-14	26.78	78.95%
SWARTS, STEVEN	FS	M38	08-Nov-14	26.21	78.24%
STEYN, CHRISTO	CGA	M37	08-Nov-14	26.18	77.73%
MOLEFI, BAJI	FS	M67	08-Nov-14	32.89	76.58%
HERION, CECIL	KZN	M70	08-Nov-14	34.18	75.49%
SESING, TEBOHO	FS	M44	08-Nov-14	28.95	74.13%
LE ROUX, LH	FS	M53	08-Nov-14	31.09	73.60%
SENOKOANE, BENJAMIN	FS	M44	08-Nov-14	29.57	72.57%
MAPUTLE, JOHN	FS	M71	08-Nov-14	36.61	71.56%
DE KOCK, BOBBY	FS	M70	08-Nov-14	39.27	65.70%
<b>2000M STEEPLECHASE</b>					
DE KOCK, BOBBY	FS	M70	08-Nov-14	13:00.52	61.61%
<b>3000M STEEPLECHASE</b>					
KOTZE, FLIPPIE	FS	M45	08-Nov-14	12:51.91	70.17%
SCHOEMAN, AT	EP	M58	08-Nov-14	15:35.87	64.62%

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Name	Team	GA	Date	Performance	Age Grading
<b>MEN</b>					
<b>400 METERS</b>					
KALP, FRANS	SWD	M55	08-Nov-14	57.43	89.16%
INGRAM, RICHARD	KZN	M33	08-Nov-14	51.24	85.52%
MARTIN, EDWARD	FS	M52	08-Nov-14	59.65	84.13%
DA SILVA, GAVIN	CGA	M34	08-Nov-14	53.34	82.79%
OELOFSE, WALTER	KZN	M58	08-Nov-14	63.29	82.47%
BOOYSEN, HENDRIK	CGA	M58	08-Nov-14	63.56	82.12%
ODENDAAL, WILLEM	NWN	M39	08-Nov-14	57.56	79.64%
SENOKOANE, BENJAMIN	FS	M44	08-Nov-14	61.02	77.86%
BRITZ, FCPG	GN	M40	08-Nov-14	59.53	77.58%
BLAAUW, DAVID	GN	M42	08-Nov-14	60.51	77.41%
DOWNWARD, TREVOR	KZN	M59	08-Nov-14	68.60	76.58%
STEYN, CHRISTO	CGA	M37	08-Nov-14	59.18	76.31%
SESING, TEBOHO	FS	M44	08-Nov-14	63.28	75.08%
WILLIAMS, BARRY	FS	M45	08-Nov-14	65.72	72.82%
MAPUTLE, JOHN	FS	M71	08-Nov-14	84.45	71.17%
BAUW, BEN	FS	M53	08-Nov-14	71.88	70.28%
FLORES,GARTH	FS	M33	08-Nov-14	62.46	70.16%
PEENS, SHAUN	FS	M31	08-Nov-14	61.95	69.70%
MARUMO, KOOS	FS	M72	08-Nov-14	92.43	66.27%
SCHOEMAN, AT	EP	M58	08-Nov-14	83.54	62.48%
<b>400M HURDLES</b>					
SCHOEMAN, AT	EP	M58	08-Nov-14	1:33.81	64.60%
<b>5000 METERS</b>					
LONDON, SYNEY	FS	M51	08-Nov-14	19:54.10	73.07%
MEKHOA, RAMPI	NWN	M42	08-Nov-14	19:10.99	70.64%
HLALELE, JOSEPH	FS	M48	08-Nov-14	20:31.28	69.17%
SCHOEMAN, AT	EP	M58	08-Nov-14	22:41.66	67.93%
KOTZE, FLIPPIE	FS	M45	08-Nov-14	21:19.22	65.04%
<b>5000M RACE WALK</b>					
CLEMENTS, FRED	GN	M71	08-Nov-14	33:46.33	75.09%
PENTZ, BEN	GN	M64	08-Nov-14	32:19.17	72.33%
SUDDER, ROCKY	KZN	M56	08-Nov-14	34:16.62	63.01%
ZALANI, STEPHEN	CGA	M59	08-Nov-14	42:01.61	52.86%

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<b>MEN</b>					
<b>800 METERS</b>					
DA SILVA, GAVIN	CGA	M34	08-Nov-14	1:59.17	84.85%
VORSTER, WIKUS	FS	M43	08-Nov-14	2:11.71	82.98%
WILLIAMS, BARRY	FS	M45	08-Nov-14	2:22.20	78.30%
ODENDAAL, WILLEM	NWN	M39	08-Nov-14	2:15.11	77.97%
SENOKOANE, BENJAMIN	FS	M44	08-Nov-14	2:26.21	75.45%
KOTZE, FLIPPIE	FS	M45	08-Nov-14	2:29.22	74.62%
BRITZ, FCPG	GN	M40	08-Nov-14	2:23.90	73.92%
MELAMU, GEORGE	FS	M67	08-Nov-14	3:22.82	66.09%
FLORES,GARTH	FS	M33	08-Nov-14	2:39.76	63.29%
DE KOCK, BOBBY	FS	M70	08-Nov-14	4:08.59	55.72%
ZALANI, STEPHEN	CGA	M59	08-Nov-14	4:57.57	42.08%
<b>DISCUS THROW</b>					
SCHEEPERS, CONRADIE	FS	M47	08-Nov-14	43.38	63.89%
KICHENBRAND, STEPHEN	GN	M57	08-Nov-14	37.76	58.87%
HILLEBRAND, LEN	FS	M53	08-Nov-14	40.41	57.65%
VAN DYK, THEO	FS	M40	08-Nov-14	41.17	55.58%
LABUSCHAGNE, JOHAN	KZN	M42	08-Nov-14	36.33	49.99%
SMITH, GYSBERT	FS	M42	08-Nov-14	36.12	49.70%
VAN ROOYEN, NEELS	GN	M51	08-Nov-14	34.19	47.00%
LAMARA, ZAIN	WP	M54	08-Nov-14	27.39	39.83%
ERASMUS, JACO	CGA	M40	08-Nov-14	28.16	38.01%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	25.00	37.07%
VAN DAALLEN, DIRK	WP	M51	08-Nov-14	26.67	36.66%
BOTHA, BENNIE	CGA	M36	08-Nov-14	23.17	31.28%
VD WESTHUIZEN, EUGEN	GN	M54	08-Nov-14	17.91	26.04%
<b>HAMMER THROW</b>					
KOEN, BASIE	VDH	M63	08-Nov-14	44.21	76.88%
NEL, HANNES	VDH	M55	08-Nov-14	40.35	60.44%
KICHENBRAND, STEPHEN	GN	M57	08-Nov-14	38.19	59.95%
LABUSCHAGNE, JOHAN	KZN	M42	08-Nov-14	32.12	41.45%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	27.54	41.25%
SMITH, GYSBERT	FS	M42	08-Nov-14	31.48	40.63%
VAN ROOYEN, NEELS	GN	M51	08-Nov-14	28.07	38.51%
BOTHA, BENNIE	CGA	M36	08-Nov-14	25.97	30.39%

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Name	Team	GA	Date	Performance	Age Grading
<b>MEN</b>					
<b>HIGH JUMP</b>					
GOUWS, JOHAN	GN	M56	08-Nov-14	1.60	85.52%
VAN DAALEN, DIRK	WP	M51	08-Nov-14	1.40	70.76%
HILLEBRAND, LEN	FS	M53	08-Nov-14	1.30	67.17%
<b>JAVELIN THROW</b>					
KICHENBRAND, STEPHEN	GN	M57	08-Nov-14	48.80	72.55%
LABUSCHAGNE, JOHAN	KZN	M42	08-Nov-14	45.40	53.77%
BLAAUW, DAVID	GN	M42	08-Nov-14	43.06	51.00%
PRINSLOO, GERRIT	FS	M33	08-Nov-14	47.75	49.73%
OELOFSE, WALTER	KZN	M58	08-Nov-14	32.72	49.67%
CAMHEE, KURT	CGA	M57	08-Nov-14	33.29	49.49%
LAMARA, ZAIN	WP	M54	08-Nov-14	33.63	47.07%
ERASMUS, JACO	CGA	M40	08-Nov-14	38.85	44.51%
VAN ROOYEN, NEELS	GN	M51	08-Nov-14	30.56	40.42%
BOTHA, BENNIE	CGA	M36	08-Nov-14	32.67	35.14%
SMIT, DEON	GN	M58	08-Nov-14	18.41	27.95%
<b>LONG JUMP</b>					
GOUWS, JOHAN	GN	M56	08-Nov-14	4.90	74.49%
VAN BREDA, PEET	GN	M54	08-Nov-14	4.93	72.90%
HERION, CECIL	KZN	M70	08-Nov-14	3.72	70.36%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	4.68	70.16%
VAN DAALEN, DIRK	WP	M51	08-Nov-14	4.79	68.04%
CAMHEE, KURT	CGA	M57	08-Nov-14	4.19	64.60%
JORDAAN, RUDI	CGA	M31	08-Nov-14	5.64	63.63%
NOAH, JOHN	GN	M34	08-Nov-14	4.71	54.75%
LE ROUX, LH	FS	M53	08-Nov-14	3.55	51.79%
VD WESTHUIZEN, EUGEN	GN	M54	08-Nov-14	2.95	43.62%
<b>POLE VAULT</b>					
SMIT, DEON	GN	M58	08-Nov-14	3.07	71.49%

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<b>MEN</b>					
<b>SHOT PUT</b>					
SCHEEPERS, CONRADIE	FS	M47	08-Nov-14	15.15	76.00%
LABUSCHAGNE, JOHAN	KZN	M42	08-Nov-14	14.64	67.11%
VAN DYK, THEO	FS	M40	08-Nov-14	13.93	61.88%
LAMARA, ZAIN	WP	M54	08-Nov-14	10.54	56.81%
VAN ROOYEN, NEELS	GN	M51	08-Nov-14	11.10	56.18%
NOAH, JOHN	GN	M34	08-Nov-14	12.93	55.93%
DANIELS, NOEL	BOL	M56	08-Nov-14	09.21	51.89%
ERASMUS, JACO	CGA	M40	08-Nov-14	11.50	51.09%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	09.24	50.90%
LINDE, JURIE	FS	M35	08-Nov-14	10.64	46.02%
BOTHA, BENNIE	CGA	M36	08-Nov-14	07.93	34.48%
VD WESTHUIZEN, EUGEN	GN	M54	08-Nov-14	05.80	31.26%
<b>TRIPLE JUMP</b>					
VAN DAALEN, DIRK	WP	M51	08-Nov-14	09.04	60.83%
CAMHEE, KURT	CGA	M57	08-Nov-14	8.05	58.95%
<b>WEIGHT THROW</b>					
KOEN, BASIE	VDH	M63	08-Nov-14	17.84	83.45%
KICHENBRAND, STEPHEN	GN	M57	08-Nov-14	15.15	73.52%
NEL, HANNES	VDH	M55	08-Nov-14	15.55	72.79%
VAN TUBBERGH, BRAAM	KZN	M55	08-Nov-14	12.16	56.92%
SMITH, GYSBERT	FS	M42	08-Nov-14	12.09	52.58%
LABUSCHAGNE, JOHAN	KZN	M42	08-Nov-14	11.41	49.62%
VAN ROOYEN, NEELS	GN	M51	08-Nov-14	10.73	46.91%
BOTHA, BENNIE	CGA	M36	08-Nov-14	08.37	33.61%
VD WESTHUIZEN, EUGEN	GN	M54	08-Nov-14	04.21	19.37%

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Name	Team	GA	Date	Performance	Age Grading
<b>WOMEN</b>					
<b>100 METERS</b>					
UNGERER, TOY	SWD	W68	08-Nov-14	15.99	91.07%
REGAL, GERDA	FS	W46	08-Nov-14	15.06	78.04%
NGOBESE, VICTORIA	CGA	W53	08-Nov-14	16.42	77.00%
BOTHA, MARIETTE	CGA	W30	08-Nov-14	13.76	76.24%
TALJAARD, WANDA	FS	W41	08-Nov-14	14.59	76.16%
MOTSHUMI, PULENG	FS	W75	08-Nov-14	20.85	76.09%
JACOBS, MARLENE	KZN	W63	08-Nov-14	18.33	75.95%
GELDERBLOM, SURETA	WP	W46	08-Nov-14	15.49	75.87%
MYEZA, MAPULE	KZN	W40	08-Nov-14	14.62	75.17%
SHUPING, MINAH	FS	W62	08-Nov-14	20.26	68.09%
METSING, DORAH	FS	W66	08-Nov-14	21.51	66.52%
GUNUZA, VERONICA	FS	W62	08-Nov-14	20.99	65.72%
MAREKA, ANNA	FS	W61	08-Nov-14	21.21	64.45%
<b>200 METERS</b>					
UNGERER, TOY	SWD	W68	08-Nov-14	34.10	89.62%
VAN ROOYEN, MADELENE	GN	W51	08-Nov-14	29.51	87.20%
REGAL, GERDA	FS	W46	08-Nov-14	31.08	78.22%
LIEBENBERG, LEANDRA	CGA	W41	08-Nov-14	29.44	77.75%
BOTHA, MARIETTE	CGA	W30	08-Nov-14	28.14	75.84%
NGOBESE, VICTORIA	CGA	W53	08-Nov-14	34.79	75.58%
JACOBS, MARLENE	KZN	W63	08-Nov-14	38.72	75.25%
MYEZA, MAPULE	KZN	W40	08-Nov-14	30.67	73.75%
MAPUTLE, MARTHA	FS	W63	08-Nov-14	44.71	65.17%
MAREKA, ANNA	FS	W61	08-Nov-14	46.56	61.37%
<b>300M HURDLES</b>					
VAN ROOYEN, MADELENE	GN	W51	08-Nov-14	52.51	87.62%
<b>400 METERS</b>					
JACOBS, MARLENE	KZN	W63	08-Nov-14	1:11.76	91.24%
UNGERER, TOY	SWD	W68	08-Nov-14	1:19.12	88.16%
LABUSCHAGNE, CELESTE	GN	W43	08-Nov-14	1:04.86	83.52%
ERASMUS, SARET	FS	W45	08-Nov-14	1:09.32	79.83%
NGOBESE, VICTORIA	CGA	W53	08-Nov-14	1:17.68	77.01%
BOTHA, MARIETTE	CGA	W30	08-Nov-14	1:04.46	73.84%
MYEZA, MAPULE	KZN	W40	08-Nov-14	1:15.45	69.60%
MAPUTLE, MARTHA	FS	W63	08-Nov-14	1:39.08	66.08%



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<b>WOMEN</b>					
<b>400M HURDLES</b>					
LABUSCHAGNE, CELESTE	GN	W43	08-Nov-14	1:12.34	81.48%
<b>5000 METERS</b>					
GEYER, MARIET	CGA	W55	08-Nov-14	22:24.71	79.66%
MTHETHWA, NOMCEBO	KZN	W32	08-Nov-14	20:07.16	71.84%
<b>5000M RACE WALK</b>					
BOTHA, BRENDA	KZN	W70	08-Nov-14	37:10.60	75.80%
PENTZ, ANNATJIE	GN	W63	08-Nov-14	34:17.83	74.69%
SERDYN, MARIAAN	GN	W43	08-Nov-14	28:11.29	74.66%
STRYDOM, WILMA	CGA	W75	08-Nov-14	42:03.71	72.56%
KICHENBRAND, FRANCES	GN	W52	08-Nov-14	31:47.51	71.50%
VILJOEN, RONEL	GN	W36	08-Nov-14	28:41.91	69.88%
NORTMANN, TINKIE	GN	W54	08-Nov-14	35:08.95	65.94%
VAN ZYL, DALEEN	GN	W52	08-Nov-14	35:41.30	63.69%
HARROWER, RHONDA	KZN	W43	08-Nov-14	33:13.29	63.35%
<b>800 METERS</b>					
FLORES, MARIETJIE	FS	W32	08-Nov-14	2:35.43	72.88%
MTHETHWA, NOMCEBO	KZN	W32	08-Nov-14	2:39.93	70.83%
LIEBENBERG, LEANDRA	CGA	W41	08-Nov-14	2:47.58	70.14%
PRINSLOO, ZELDA	FS	W44	08-Nov-14	2:53.80	69.43%
NGOBESE, VICTORIA	CGA	W53	08-Nov-14	3:27.11	63.74%
<b>80M HURDLES</b>					
VAN ROOYEN, MADELENE	GN	W51	08-Nov-14	13.31	88.21%
LABUSCHAGNE, CELESTE	GN	W43	08-Nov-14	13.79	83.47%
GELDERBLOM, SURETA	WP	W46	08-Nov-14	16.30	72.88%

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Name	Team	GA	Date	Performance	Age Grading
<b>WOMEN</b>					
<b>DISCUS THROW</b>					
KNOBEL, HELEEN	SWD	W49	08-Nov-14	32.76	54.73%
EVA, JANITA	GN	W44	08-Nov-14	34.84	53.48%
FERREIRA, MERCIA	CGA	W65	08-Nov-14	21.20	49.34%
HENNOP, ANSIE	GN	W52	08-Nov-14	27.52	48.54%
VAN ECK, SUZI	GN	W65	08-Nov-14	19.81	46.10%
CILLIERS, ANGELA	KZN	W45	08-Nov-14	27.33	42.64%
JACOBSONH, GERDA	GN	W53	08-Nov-14	22.84	41.05%
COETZEE, LOUISE	GN	W54	08-Nov-14	20.72	37.96%
LOUW, MARISA	EP	W44	08-Nov-14	24.17	37.10%
MARX, THEA	EP	W38	08-Nov-14	25.00	34.97%
SELLARS, SHAARON	USA	W52	08-Nov-14	19.51	34.41%
GOUWS, MAKKIE	GN	W53	08-Nov-14	17.19	30.89%
GERBER, AMANDA	EP	W44	08-Nov-14	15.67	24.05%
<b>HAMMER THROW</b>					
KNOBEL, HELEEN	SWD	W49	08-Nov-14	38.13	86.60%
EVA, JANITA	GN	W44	08-Nov-14	36.03	68.68%
LOUW, MARISA	EP	W44	08-Nov-14	34.77	66.28%
HENNOP, ANSIE	GN	W52	08-Nov-14	32.84	55.33%
MARX, THEA	EP	W38	08-Nov-14	33.65	53.78%
VD MERWE, KITTY	FS	W72	08-Nov-14	19.49	52.46%
VAN ECK, SUZI	GN	W65	08-Nov-14	23.22	51.69%
GERBER, AMANDA	EP	W44	08-Nov-14	25.17	47.98%
CILLIERS, ANGELA	KZN	W45	08-Nov-14	22.01	43.35%
FERREIRA, MERCIA	CGA	W65	08-Nov-14	19.26	42.87%
COETZEE, LOUISE	GN	W54	08-Nov-14	17.06	29.86%
SELLARS, SHAARON	USA	W52	08-Nov-14	17.06	28.74%
<b>HIGH JUMP</b>					
HEYMANS, DINAH	FS	W47	08-Nov-14	1.45	82.86%
JACOBSONH, GERDA	GN	W53	08-Nov-14	1.20	74.53%
BOTHA, MARIETTE	CGA	W30	08-Nov-14	1.55	74.16%
DE BOER, AMANDA	FS	W34	08-Nov-14	1.40	69.31%
GELDERBLOM, SURETA	WP	W46	08-Nov-14	1.00	56.50%

**FREE STATE MASTERS  
SUMMARY OF AGE GRADING**

Name	Team	GA	Date	Performance	Age Grading
<b>WOMEN</b>					
<b>JAVELIN THROW</b>					
KNOBEL, HELEEN	SWD	W49	08-Nov-14	35.15	67.18%
COETZEE, LOUISE	GN	W54	08-Nov-14	28.28	58.31%
TALJAARD, WANDA	FS	W41	08-Nov-14	36.33	55.81%
FERREIRA, MERCIA	CGA	W65	08-Nov-14	18.68	50.05%
HENNING, ZELNA	FS	W35	08-Nov-14	35.91	49.19%
SELLARS, SHAARON	USA	W52	08-Nov-14	24.30	47.65%
HENNOP, ANSIE	GN	W52	08-Nov-14	24.22	47.49%
VAN ECK, SUZI	GN	W65	08-Nov-14	15.83	42.41%
BLAAUW, ANJA	GN	W40	08-Nov-14	28.23	42.33%
GOUWS, MAKKIE	GN	W53	08-Nov-14	18.48	37.14%
CILLIERS, ANGELA	KZN	W45	08-Nov-14	19.71	33.57%
LOUW, MARISA	EP	W44	08-Nov-14	16.73	27.74%
EVA, JANITA	GN	W44	08-Nov-14	16.00	26.53%
<b>LONG JUMP</b>					
COETZEE, LENESE	FS	W32	08-Nov-14	4.97	67.07%
GELDERBLOM, SURETA	WP	W46	08-Nov-14	3.83	60.60%
GOUWS, MAKKIE	GN	W53	08-Nov-14	3.27	56.97%
SELLARS, SHAARON	USA	W52	08-Nov-14	3.19	54.81%
<b>POLE VAULT</b>					
JACOBSON, GERDA	GN	W53	08-Nov-14	2.00	58.31%
<b>SHOT PUT</b>					
KRUGER, ALETTA	FS	W81	08-Nov-14	06.45	85.43%
FERREIRA, MERCIA	CGA	W65	08-Nov-14	08.53	70.65%
KNOBEL, HELEEN	SWD	W49	08-Nov-14	10.50	67.83%
VAN ECK, SUZI	GN	W65	08-Nov-14	07.95	65.85%
HENNOP, ANSIE	GN	W52	08-Nov-14	09.81	62.32%
CILLIERS, ANGELA	KZN	W45	08-Nov-14	10.38	60.42%
EVA, JANITA	GN	W44	08-Nov-14	09.43	53.58%
MARX, THEA	EP	W38	08-Nov-14	10.60	52.61%
COETZEE, LOUISE	GN	W54	08-Nov-14	07.45	49.08%
LOUW, MARISA	EP	W44	08-Nov-14	08.10	46.02%
GOUWS, MAKKIE	GN	W53	08-Nov-14	07.05	45.60%
SELLARS, SHAARON	USA	W52	08-Nov-14	06.78	43.07%
GERBER, AMANDA	EP	W44	08-Nov-14	07.51	42.67%

**FREE STATE MASTERS  
SUMMARY OF AGE GRADING**

Name	Team	GA	Date	Performance	Age Grading
<b>WOMEN</b>					
<b>TRIPLE JUMP</b>					
COETZEE, LENESE	FS	W32	08-Nov-14	10.71	71.59%
GELDERBLOM, SURETA	WP	W46	08-Nov-14	07.74	61.19%
SELLARS, SHAARON	USA	W52	08-Nov-14	06.34	54.37%
<b>WEIGHT THROW</b>					
KNOBEL, HELEEN	SWD	W49	08-Nov-14	12.56	90.75%
EVA, JANITA	GN	W44	08-Nov-14	12.63	81.43%
LOUW, MARISA	EP	W44	08-Nov-14	11.61	74.85%
KRUGER, ALETTA	FS	W81	08-Nov-14	07.17	71.63%
VAN ECK, SUZI	GN	W65	08-Nov-14	11.40	69.11%
MARX, THEA	EP	W38	08-Nov-14	11.90	67.96%
FERREIRA, MERCIA	CGA	W65	08-Nov-14	10.24	62.08%
CILLIERS, ANGELA	KZN	W45	08-Nov-14	09.00	59.32%
HENNOP, ANSIE	GN	W52	08-Nov-14	10.13	55.20%
BLAAUW, ANJA	GN	W40	08-Nov-14	08.21	48.75%
COETZEE, LOUISE	GN	W54	08-Nov-14	07.57	42.82%