

Result Event 5D - Long Jump Women (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Annette	Steenkamp	EPS	4.03	248	55-59
1	Toy	Ungerer	EPS	3.67	102	65-69

Result Event 7D - Hammer Throw Women (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Thea	Marx	EPS	30.56	901	35-39
1	Marisa	Louw	EPS	29.97	895	40-44
2	Amanda	Gerber	EPS	15.76	638	40-44

Result Event 27B - Long Jump Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Jannie	Venter	EPS	5.89	537	35-39
2	M	Creswell	EPS	5.58	442	35-39

Result Event 38 - 200m Women (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Yolandie	Van Aswegen	EPS	26.60	808	30-35
1	Toy	Ungerer	EPS	33.26	527	65-69

Result Event 40 - 200m Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Rouen	James	EPS	24.76	669	35-39
2	Jannie	Venter	EPS	24.85	663	35-39
1	Henry	Botha	EPS	51.90	0	84-85

Result Event 54D - Hammer Throw Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Vince	Meiring	EPS	47.02	970	45-49
1	Martin	Bergh	EPS	33.96	809	60-65

Result Event 55D - Shot Put Women (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Thea	Marx	EPS	10.49	802	35-39
1	E	Lombaard	EPS	9.31	747	40-44
2	Marisa	Louw	EPS	8.28	694	40-44
3	Amanda	Gerber	EPS	6.97	619	40-44
1	Mrs	Bululu	EPS	7.21	633	50-54
1	Heilie	Uys	EPS	7.10	627	55-59

Result Event 66D - Javelin Throw Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Christo	Swanepoel	SWD	32.33	1505	45-49
1	A	Badenhorst	EPS	53.14	575	50-54
1	Garth	Miller	EPS	34.55	76	60-64
2	Martin	Bergh	ANWN	25.00	634	60-64
1	Ingo	Hildebrand	EPS	31.71	0	65-69

Result Event 73B - 1500m Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	R	Matthys	EPS	4:25.88	754	35-39
1	Henry	Botha	EPS	11:24.92	0	80-84

Result Event 82D - Shot Put Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Christo	Swanepoel	SWD	9.15	366	45-49
1	A	Badenhorst	EPS	11.90	600	50-54
1	Doep	Du Plessis	SWD	9.71	1509	60-64
2	Martin	Bergh	ANWN	8.74	634	60-64
1	Nic	Human	NMMU	10.11	452	65-69
2	Ingo	Hildebrand	SWD	9.09	360	65-69

Result Event 83D - Discus Throw Women (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Thea	Marx	EPS	28.86	799	35-39
1	Marisa	Louw	EPS	24.35	710	40-44
2	Amanda	Gerber	EPS	17.94	561	40-44
1	E	Lombard	EPS	22.99	681	50-54
2	Mrs	Bululu	EPS	17.85	558	50-54
1	Uys	Heilie	EPS	20.25	618	55-59

Result Event 91 - 100m Women (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Yolandie	Van Aswegen	EPS	12.96	801	30-34
1	Toy	Ungerer	SWD	15.94	496	65-69

Result Event 92 - 100m Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Andrew	Kock	EPS	11.60	785	35-39
2	Jannie	Venter	EPS	12.61	628	35-39
1	Tiens	Van Der Mecht	EPS	15.15	359	65-69
1	Henry	Botha	EPS	24.15	0	80-84

Result Event 96B - 3000m Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Kobus	Joubert	EPS	9:36.97	791	35-39

Result Event 103 - 400m Women (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Yolandie	Van Aswegen	EPS	1:00.84	828	30-34
1	Toy	Ungerer	EPS	1:16.46	561	65-69

Result Event 104 - 400m Men (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Jannie	Venter	EPS	55.47	699	35-39

Result Event 21 – Men Discus (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Christo	Swanepoel	SWD	28.33	1505	45-49
1	Martin	Bergh	ANWN	30.74	634	60-64
2	Doep	Du Plessis	SWD	29.64	1509	60-64
1	Nic	Human	NMMU	32.56	2291	65-69
2	Ingo	Hildebrandt	SWD	30.96	1513	65-69

Result Event 95 – Men Weight Throw (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Martin	Bergh	ANWN	14.08	634	60-64
1	Nic	Human	NMMU	11.22	2291	65-69

Result Event 96 Women Weight Throw (Final)

Pos	Name	Surname	Team	Result	ASA	Age
1	Thea	Marx	NMMU	10.80	799	30-34
1	Marisa	Louw	ANWN	11.87	634	40-44
2	Amanda	Gerber	SWD	6.27	1509	40-44