

GAUTENG NORTH PROVINCIAL MEETING RECORDS**5 000m Women****Women 30 to 34**

Name	Prov	Date	Record
C. van der Westhuizen	MPU	1996/05/04	18:30,89 min

Women 35 to 39

Name	Prov	Date	Record
M. Ceronio	CG	1993/03/27	18:04 min

Women 40 to 44

Name	Prov	Date	Record
J. Bird	CG	2005/04/23	18:28,72 min

Women 45 to 49

Name	Prov	Date	Record
M. Ceronio	CG	2003/05/10	19:23,53 min

Women 50 to 54

Name	Prov	Date	Record
M. Ceronio	VT	2009/05/01	19:44,1 min
M. Ceronio	VT	2009/03/14	20:15,8 min
A. ten Tusscher	CG	1986/02/22	20:35,0 min

Women 55 to 59

Name	Prov	Date	Record
F. van Blerk	GN	2010/10/02	21:53,1 min
N. du Plessis	CG	1985/02/23	23:20,0 min

Women 60 to 64

Name	Prov	Date	Record
A. ten Tusscher	NZ	2000/03/18	21:58,40 min

Women 65 to 69

Name	Prov	Date	Record
M. Nelson	WP	2009/05/01	27:40,4 min