

**GAUTENG NORTH PROVINCIAL MEETING RECORDS****400m Women****Women 30 to 34**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
L. van Rensburg	Nam	1996/05/04	57,71 sec

**Women 35 to 39**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
R. Koekemoer	GN	1994/04/09	58,1 sec

**Women 40 to 44**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
K. Bellingham	WP	1996/05/04	58,55 sec

**Women 45 to 49**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
P. Immelman	CG	1996/05/04	61,32 sec

**Women 50 to 54**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
A. du Plessis	KZN	2007/03/31	63,65 sec
P. Immelman	CG	2003/05/10	68,22 sec

**Women 55 to 59**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
Y. de Wit	WP	1996/05/04	68,39 sec

**Women 60 to 64**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
M. Tomlinson	KZN	2003/05/10	72,45 sec

**Women 65 to 69**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
T. Ungerer	SWD	2011/04/02	74,6 sec
WA Reid	CG	1981/05/09	77,5 sec

**Women 70 to 74**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
WA Reid	CG	1985/02/23	79,4 sec

**Women 75 to 79**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
V. Welgemoed	GN	2007/03/31	92,25 sec
C du Plooy	CG	2006/03/25	99,61 sec

**Women 80 to 84**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
M. Hutchinson	FS	2005/04/23	2:01,47 min