

**GAUTENG NORTH PROVINCIAL MEETING RECORDS****10 000m Women (Track)****Women 30 to 34**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
R. Jesson	CG	2005/04/23	38:48,90 min

**Women 35 to 39**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
M. Ceronio	CG	1995/04/01	37:56,60 min

**Women 40 to 44**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
AS Kruger	KZN	1983/06/04	39:42,20 min

**Women 45 to 49**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
M. Ceronio	VT	2003/05/10	40:04,45 min

**Women 50 to 54**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
E. Swart	MPU	2009/05/01	43:29,84 min
A. Blignaut	GN	2005/04/23	46:45,84 min

**Women 55 to 59**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
E. Spies	NW	2003/05/10	49:26,41 min

**Women 60 to 64**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
E. Greenblatt	CG	2009/05/01	46:18,20 min

**Women 65 to 69**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
I. Wieland	CG	2005/04/23	57:38,61 min

**Women 70 to 74**

<b>Name</b>	<b>Prov</b>	<b>Date</b>	<b>Record</b>
L. Krugel	GN	2006/03/25	75:24,36 min