

GAUTENG NORTH PROVINCIAL MEETING RECORDS**3 000m Steeplechase Men****Men 30 to 34 (0.914m)**

Name	Prov	Date	Record
C. Miller	EP	1996/05/04	9:22,64 min

Men 35 to 39 (0.914m)

Name	Prov	Date	Record
P. Bezuidenhout	CG	1998/03/14	9:33,51 min

Men 40 to 44 (0.914m)

Name	Prov	Date	Record
B. van Schalkwyk	NW	2003/05/10	10:08,94 min

Men 45 to 49 (0.914m)

Name	Prov	Date	Record
T. Philander	WP	2009/05/01	10:40,3 min
J. Greyling	CG	1997/04/05	11:12,29 min

Men 50 to 54 (0.914m)

Name	Prov	Date	Record
S. Rice	CG	2006/03/25	10:44,77 min

Men 55 to 59 (0.914m)

Name	Prov	Date	Record
S. Rice	CG	2009/05/01	12:50,2 min
J. Swales	GN	1997/04/01	13:56,86 min